



Have Some Fruit – Culture of Joy
Galatians 5:22-23
October 23, 2022

DAILY DEVOTION

Find a rhythm in God's word this week! Follow this 5-day plan "Cultivating Joy" on your own or with your group!

<https://www.bible.com/reading-plans/26527-cultivate-joy>

INSPIRATION

"Simply put, Biblical joy is choosing to respond to external circumstances with inner contentment and satisfaction, because we know that God will use these experiences to accomplish His work in and through our lives." (Retrieved from [What is Joy in Christianity?](#))

ICE BREAKER

1. What is something that brings you joy?
 2. Using the definition of "joy" from the Inspiration section of this lesson, how does Jesus bring joy to your life?
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DEEP DIVE

Read this out loud

An excerpt from the message this week:

“Scott Drew - Head coach of 2021 NCAA National Championship Baylor basketball team wrote a book called “The Road to Joy.” In the book he talks about how the theme for the year they won was “JOY,” Joy stood for Jesus, Others, You. They said, as a team, if we are going to play with Joy, we are going to do it by putting Jesus first, others second and self-last! I think this sequence is so powerful and biblical! The reality, even though self is last, this process helps us affect ourselves in the best way!”



Read James 2:1-4, Psalms 16:1, Romans 14:17 and then answer the following questions:

3. A culture of JOY (Jesus, Others and You) is centered on Jesus. Read James 2:1-4. What do you learn about pain and your purpose from these verses?
4. Read Psalms 16:1 and Romans 14:17. We know Jesus “gives us his presence” or is with us through it all. Where have you seen this in your own life? How does knowing Jesus get you through tough times?
5. If Jesus is our source of Joy, how might you develop a relationship with him or a sense of his presence and working in your life?

Read this out loud

An excerpt from the message this week:

“Nothing like experiencing Joy through others and seeing others thrive. SSS is so fun, we get to serve our community in North Omaha. I love it because I get filled with Joy as we are freezing, sweating, seeing the smiles on others faces! Love helping people find their purpose! So much Joy watching others find the purpose God created them to live!”

Read Hebrews 12:2, Acts 20:3, Proverbs 11:25, and then answer the following questions:

6. Read Hebrews 12:2. A culture of JOY focuses on adding value to others. How did and does Jesus add value to our lives? How does Jesus’ sacrifice help you to understand the heart and the length to which adding value to others might require?
7. Read Acts 2:35 and Proverbs 11:25. From these verses, what happens to the person who is “adding value” or sacrificing for others?
8. In the sermon, Josh shared, “A culture of JOY is built on the habits you share. We do not want to just know about JOY, we want to be people who SHARE Joy.” SHARE stands for:
 - a. Smile (Face tells a story and gets a reaction)
 - b. High Fives (teams who high five are more productive. It’s connected to highs in life)
 - c. Ask Questions (curiosity and engagement with others shows interest in who they are.)
 - d. Remember God’s faithfulness (Reminds us we can trust him.)
 - e. Express Joy Daily (On-going muscle we build.)

What do you believe is the world’s current source of joy? How does SHARE as defined above help you meet the world’s need for joy?

Additional Study

If you have time during your Small Group or you want to study more about the message topic, read and consider the following passages:

- Philippians 1:25
- Philippians 2:2



- 1 Thessalonians 2:19
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NEXT STEPS

9. Realizing Jesus is the source of joy, how will you develop a deeper relationship with Him this week?
 10. What are some ways you can SHARE joy this week with family, friends and coworkers?
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PRAYER

1. After sharing how each person will develop a deeper relationship with Jesus, pray for the person on your left throughout the week.
 2. Make a plan to meet with someone from your group this week to see how they are sharing joy with others.
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SERVE YOUR COMMUNITY

Establish a regular rhythm of serving together! Below are some service opportunities.

- BENSON - Serve with us at ABIDE every 2nd Saturday.
- MILLARD - Serve with us at Heartland Hope every 4th Saturday.
- FREMONT - Serve with us at LifeHouse every 4th Tuesday.
- OMAHA - Serve with us at Open Door Mission every 4th Saturday.
- Or get to know your community, are there any needs/volunteer opportunities?